

# Dr Vodder School International Advanced Neck & Face 3-Day MLD®



**Gay Lee Gulbrandson**, CLT-LANA NCTMB, CMT  
Instructor, Dr. Vodder School International



P O Box 7337, Berkeley CA, 94707

[www.VodderMLD.com](http://www.VodderMLD.com) [GayLee@VodderMLD.com](mailto:GayLee@VodderMLD.com)

Dr. Vodder School™  
INTERNATIONAL  
Authorized by the original Dr. Vodder Schule - Austria

Please contact Gay Lee or the  
Host School or for more infor-  
mation and class details. *Thank you*

## Typical daily schedule:

9:00 AM – 5:00 PM

1 Hour lunch

**To Enroll:** Contact SPONSOR or visit  
[www.VodderMLD.com](http://www.VodderMLD.com) for full schedule  
and information on MLD training.

• Enrolled students may download  
these beautiful pre-course study  
sheets (Topic Cards) *free*, prior to class,  
as preparation.

• **TOPIC CARD SUBJECTS:** (Condensed  
format, professional quality, beautifully il-  
lustrated, a permanent reference source.)

- I. Pathways of the Lymph System
- II. Fluid Movement & LCT
- III. Structure & Function-Lymph Sys.
- IV. Loose Connective Tissue
- V. Effects of MLD
- VI. Applications of MLD
- VII. Indications for MLD
- VIII. Contraindications for MLD

Go to: [www.VodderMLD.com](http://www.VodderMLD.com) - Student Downloads

**Manual Lymph Drainage (MLD®)** is a gentle rhythmic technique devel-  
oped in the 1930s by Drs. Emil and Estrid Vodder, Danish physical thera-  
pists. Scientific research has proven the effectiveness of Manual Lymph  
Drainage and clinical observations have confirmed these benefits. In Eu-  
rope, Manual Lymph Drainage is recognized by national health insurance  
plans. In Germany, it is the 3rd most prescribed physical therapy.

**MLD®** is a systematic series of precise movements that stimulates an in-  
crease in the normal functioning of the Lymphatic System. This promotes  
healthy connective tissue, enhances the body's immune response, relieves  
pain, and sedates the sympathetic nervous system. Thus it promotes the  
body's healing ability in many diverse applications, for example: sports  
injuries, scar tissue, pre and post operative care, as well as chronic inflam-  
matory conditions, such as acne and rosacea, and many more.

The **Advanced Neck & Face 3-Day Course** prepares the student to treat  
many conditions of the dermis of the neck and face. You will learn the spe-  
cial movements of **MLD®**. You will use these movements in routines effec-  
tive in treating the neck and face. A thorough review and enrichment of  
**MLD®** theory will be presented. Be prepared to practice and study. Those  
who complete the Advanced Neck and Face course are certified as a Dr.  
Vodder Manual Lymph Drainage Neck & Face Esthetician, or may contin-  
ue with 2 further courses for certification as a Dr. Vodder Manual Lymph  
Drainage (full body) Esthetician. (20 hr class; incl. 15 hrs practical)

**Prerequisite:** Completion of the Dr Vodder MLD Basic Neck & Face 3-Day  
class or the Basic Body 5-Day class. Wear comfortable clothing.

**Continuing Education:** The Dr. Vodder School International is approved  
by the National Certification Board for Therapeutic Massage and Body-  
work (NCBTMB) as a continuing education provider. Approved Provider  
#33225-00. The Advanced Neck & Face 3-Day MLD® Course earns 20 CEs.

**Cost:** \$495. - 550. Includes Student Handbook, extras.

Terms: \$250. deposit due 30 days before class. The balance is due prior  
to beginning of class. The deposit becomes non-refundable within 30  
days of class start date. *Class is limited to 12 students.*

**Contact:** Call Gay Lee at 510. 849. 1388. FAX the enrollment form to  
510. 558. 8363 FAX to sign up, or visit [www.VodderMLD.com](http://www.VodderMLD.com).

**Instructor:** Gay Lee Gulbrandson (CLT-LANA, CMT, NAVALT)  
is a graduate of Beloit College, BA Biology, the  
National Holistic Institute; and the Hendrickson  
Method Institute of Orthopedic Massage.  
She has maintained a busy private practice since  
1980. She holds an international certification  
by the Dr Vodder School International to  
practice and teach **Dr. Vodder's MLD®**.

