

Practice Management Forms by Gay Lee

Attractive client forms enhance your professional image. Open in Word, enter your name, phone, address, logo. Edit as desired. Print as needed.

© 2010 Gay Lee Gulbrandson, Berkeley, CA

The collage displays a variety of professional forms for a lymphedema practice. Key forms include:

- Personal Health Plan** (Pa. 2): A form for gathering client medical history and insurance information.
- Lymphedema Intake Questionnaire** (Pg. 2): A detailed form for assessing lymphedema symptoms and medical history.
- Self Massage of the Leg For Clients With Lymphedema**: A form providing instructions for self-massage techniques.
- Self Massage of the Arm For Clients With Lymphedema**: A form providing instructions for self-massage techniques.
- Self Massage of the Arm For Clients With Lymphedema**: A form providing instructions for self-massage techniques.
- Hydrotherapy Exercises for Clients With Lymphedema**: A form detailing aquatic exercises.
- Leg Edema / Evaluation**: A form for documenting leg swelling and related symptoms.
- Kinesio Taping Information for Clients With Lymphedema**: A form explaining the use of kinesio tape.
- Risk Reduction & Safe Practices For Lymphedema Patients**: A form outlining safety guidelines for clients.
- Post-Thrombotic**: A form for documenting post-thrombotic symptoms.
- Massage Gift Certificate**: A form for creating gift certificates for massage services.
- Welcome Fee Schedule**: A form detailing appointment and service fees.
- First Appointment**: A form for initial client intake and assessment.
- Dr Vodder's Manual Lymph Drainage, & Orthopedic Massage**: A form for documenting treatment sessions.

Manual Lymph Drainage practitioners manage professional relationships and clients for maximum therapeutic benefit, yet often need forms and systems that communicate their professionalism and capabilities. Here is a collection of forms, in color, with slide shows, posters, handouts, instructions, Topic Cards, and more - that provide a professional boost, and save time.

Gay Lee Gulbrandson, CLT-LANA
1791 Solano Ave #A8 Berkeley, CA 94707
Ofc. 510. 849. 1388
www.VodderMLD.com/b
GayLee@VodderMLD.com

MLD Practice:

"Manual lymphatic drainage (MLD) is a gentle technique that is recognised as a key component of decongestive therapy. MLD aims to encourage fluid away from congested areas by increasing activity of normal lymphatics and bypassing ineffective or obliterated lymph vessels. MLD remains a specialist skill that needs regular practice in order to maintain competence." *Best Practice For The Management Of Lymphedema (UK) ISBN 0-9547669-4-6*

"What does MLD do? . . . causes a decrease of the sympathetic activity which leads to a dilation of the lymph collectors. Consequently the pressure in the lymph collectors rises and this leads to an increase in contractions. A further increase in contractions is achieved by passive

stretch of the smooth muscle . . . increasing lymph flow." *The research of Prof. Dr. P. Hutzschenreuter By Prof. H. Wittlinger.*

"The most superficial lymphatic vessels are very small and very fragile. These are easily damaged and are certainly broken when a pressure of more than 60 mm Hg is applied. . . The slightly deeper vessels, very small collecting lymphatics, may also be damaged. Some of these will regenerate, given time, but meanwhile fibrotic (scar) tissue forms and blocks the drainage in the adjacent tissue channels." *How Can Lymphedema be Treated? Judith R. Casley-Smith & J.R. Casley-Smith 2001*

"The first phase consists of skin care, a specific light manual massage (manual lymph drainage- MLD)..." *The Diagnosis & Treatment of Peripheral Lymphedema, 2009 Consensus Document of the International Society of Lymphology.*



FORMS, SLIDE SHOWS, TOPIC CARDS, Etc.

Practice Management Forms & Templates

Just Enter & Print *Entire Set only \$66.00 10% Off Online*

The only packaged forms templates for MLD Practitioners.

Partial Contents List of Fully Prepared Forms

- (Prac) Health History Pt Intake Questionnaire
- (Prac) Lymphedema Pt Intake Questionnaire
- (Pt) Personal Health Plan for Wellness
- (Pt) Risk Reduction/Safety Plan for LE
- (Pt) Kenisio Taping Info Guide
- (Prac) Leg Edema Evaluation for LE
- (Pt) Hydrotherapy Exercises Info for LE
- (Pt) Client Advisory after Treatment (Tri-fold)
- (Pt) Client Comment & Suggestions (Bi-fold) *.
- (Pt) Self Massage Arm for LE
- (Pt) Self Massage Bi-Lateral Arm for LE
- (Pt) Self Massage Leg for LE
- (Pt) Self Massage Bi-Lat Leg for LE
- (Pt) Stroke Test (Wallet Cards)
- (Prac) Medical Model/Pt. Photo Consent Form
- (Prac) Rate / Fee Sign .
- (Prac) Gift Certificate
- (Prac) Weekly Scheduling Calendar Blank
- (Prac) Vacation Referral Letter
- (Prac) Thank-you For Referral Letter
- (Prac) Payment Receipt
- (Prac) Client Intake/Assessment
- (Prac) Client S.O.A.P. Notes Layout
- (Prac) Sample LOGO
- (Prac) 3 Beautiful Art Posters for waiting area, rooms, etc.
- (Pt) Introductory Slide Show For **MLD** Clients
- (Pt) Introductory Slide Show For **Lymphedema** Clients
- (Prac) Full Set of MLD **Topic Cards** Quick Reference PDF
- (Prac) Full MLD Practitioner Glossary (searchable) PDF
- (Pt) Short LE Patient Glossary Card 1 Pg Topic Card Style,

And more!

BLANK FORMS CD for MLD & MASSAGE PRACTICE:

SYSTEM REQUIREMENTS: Windows® PC. Windows 2000, XP or higher with CD-ROM drive.

Macintosh® OS 9.1 - 10.0 or higher with CD-ROM drive

INSTRUCTIONS: Windows

- Insert the CD into the CD/DVD drive.
- Copy all the files into a folder on the computer.
- Open word processor program to view or edit documents. [recommend Microsoft Word®]
- Navigate the files list using the on-screen menu.
- Choose .doc or .rtf form depending on your programs.
- Print the forms in color on laser (28 – 32#) paper.
- To view the slide shows use PowerPoint® or similar programs.

INSTRUCTIONS: Macintosh

- Insert the CD into the CD/DVD drive.
- Copy the files into a new folder on the computer.
- Open word processor program [use Microsoft Word®].
- Navigate the files list using the on-screen menu.
- Choose .doc or .rtf form version depending on the word processor program in use.
- Print the forms in color on laser (28 – 32#) paper.
- To view the slide shows use PowerPoint® or Keynote® or Preview®, etc.

For support with layout, artwork, content, logos, or additional creative work, contact Gay Lee.

Technical support for this CD is available. Before calling, be sure you have followed the instructions above. Read the README form in the CD. Call 510-849-1388, leave message. You may also fax your questions to 510-558-8363 FAX, or contact support by e-mail: info@VodderMLD.com.

Copyright © 2010 by Gay Lee Gulbrandson, Berkeley, CA. All rights reserved. No part of this product may be reproduced or transmitted in any form or by any means, electronic or mechanical, without permission in writing from the publisher, except for the purpose intended, by the original purchaser. Produced in the United States of America

Gay Lee Gulbrandson CLT-LANA, NCTMB

1791 Solano Ave #A8 Berkeley, CA 94707

Ofc: 510. 849.1388 Fax: 510. 558.8363

www.VodderMLD.com

GayLee@VodderMLD.com