

# Manual Lymph Drainage In-service CE Short Course Preview Details

Instructor/Provider: Gay Lee Gulbrandson CLT-LANA NCTMB

www.VodderMLD.com

## Details for potential class sponsors. (Class is tailored to target group)

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Gay Lee Gulbrandson is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider.

Approved Provider # 451083-09.

Florida Board of Massage Therapy Approved CE Provider # 50-11392

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## IN-SERVICE COURSE OVERVIEW:

- Manual Lymph Drainage (MLD) is a subtle and complex manipulative skill.
- This introduction / review course includes a review of the theory of lymph system functions, and the basics of effective MLD.
- Recommended as a refresher class for students previously trained in MLD, or practicing professionals seeking current MLD methods, strokes, and exposure to sequences.
- Trained MLD therapists and other medical and clinic staff may use this course to update or renew their foundational knowledge of MLD as well. Particularly useful for certified lymph drainage therapists trained in other methods.
- This condensed review utilizes lecture, professional level illustrated quick reference documents (Topic Cards), slides, student handouts, and practical instruction/demonstrations.
- This course earns NCBTMB CEs, hour per hour, as selected by the organizer.
- No exam is required in this course, however participation in the labs is strongly encouraged.

## **IN-SERVICE LEARNING OBJECTIVES:**

Manual Lymph Drainage practitioners rely upon an evolving and complex body of knowledge (BoK) in order to provide benefits to clients/patients with various conditions and pathologies. Support staff, administrators, patients, and certified practitioners will find this refresher / introduction surprisingly engaging, refreshing, and relevant:

- \* Review the pathways of the lymph system
- \* Review the structure and function of the lymph system;
- \* Review the mechanisms of lymph movement;
- \* Review the indications for MLD;
- \* Review the contraindications for MLD;
- \* Review the baseline stroke used in Vodder MLD;
- \* Review some techniques used in Vodder MLD;
- \* Refer to additional resources, recent research, and more.

NOTE: Selected Topic Cards and practical labs are included in course.

### Title:

## Introduction To Manual Lymph Drainage (MLD) In-service CE Short Course

## **COURSE INFORMATION & STANDARD DISCLOSURE:**

Gay Lee Gulbrandson is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider # 451083-09.

Florida Board of Massage Therapy CE Provider # 50-11392

Class Type:	In-service mixed instructor-led presentation / hands-on participation class. <b>12/8/4 CE credits</b> , no examination.
Provider/Contact:	Gay Lee Gulbrandson, CLT-LANA, NCTMB, CMT, NAVALT, LANA.  GayLee@VodderMLD.com  OFC: 510-849-1388 FAX: 510.558=8363  1791 Solano Ave #A8 Berkeley, CA 94707 USA
Duration of course:	<b>12/8/4 hour class.</b> Sponsoring agency, clinic, conference organizer may select any length from 4 hours to 12 hours. See <i>Terms &amp; Conditions</i> attached below.
Prerequisites:	None. Anyone may take the course. PT, massage therapist, MD, RN, PT, OT, CMT/ LMT/ RMT, LE patient, family, etc.
Course Material:	Slide presentation; hands-on demonstrations; selected color reference "Topic Cards" handouts; theory lecture; Q & A, emailed Certificate of Accomplishment, online follow-up.
Interface:	Familiarization with concepts of MLD; Introduction to the Vodder method of MLD; Refresher; clinic staff; Preparation for a future MLD class, etc.
Fee:	Group inquiries welcome. Student cost set by host agency. Instructor flat fee.
Source Material:	Bibliography & References list available online at web site under FREE MEDIA DOWNLOADS, and ABOUT MLD. RESOURCES, etc.
Cancellation / Refund:	Host 30 day cancellation notice for return of deposit. Individual students may usually cancel their enrollment in writing up prior to 48 Hr before class start. This policy set by Host agency. Please see <i>Terms &amp; Conditions</i> details.

## Introduction To MLD In-service CE Short Course COURSE OUTLINE / SCHEDULE

Instructor: Gay Lee Gulbrandson CLT-LANA NCTMB www.VodderMLD.com

## **EXAMPLE A COURSE OUTLINE / SCHEDULE**

Block 1		(4 Hr):
Introdu	ction:	0.25 Hour
	1. Introduction 2. Schedule 3. Orientation 4. Science	
SECTION I: Pati	1. Direction of flow of the skin 2. Direction of flow of organs 3. Direction of drainage of skin	0.75 Hour
SECTION II: Mo	des of Transport of Fluids in Body:  1. Diffusion 2. Osmosis 3. Filtration and Resorption	<u>0</u> .75 Hour
SECTION III: Str Structure 1. Initial L Function 1. Protein	3. Collector Lymph Vessels or Angions 4. Lymph Node	
Practical: TRI	EATMENT OF Neck and Face:	1.25 Hours
	action to the practice of MLD 2. Sequence / hands on instruction & pr	
Block 2		(4 Hr):
	1. Loose Connective Tissue:  1. Loose Connective Tissue (LCT) Structure  2. Properties of LCT  3. Function of LCT  2. Cts of MLD:  1. Autonomic Nervous System  3. Immune System  4. Smooth Muscle  5. Lymph System (Drainage)	
Practical: TRI	EATMENT OF Arms and Legs:	1.5 Hours
	1. Sequence and hands on instruction and practice	
lock 3		(4 Hr):
SECTION VII: In	dications for MLD: 1. Cosmetic 2. Other	1.5 Hour
SECTION VIII: (	Contraindications for MLD:  1. Absolute Contraindications - No MLD  2. Relative Contraindications - MLD exceptions	1.0 Hour
Practical: TRI	EATMENT OF Trunk and Back:	1.5 Hours
	1. Sequence and hands on instruction and practice	
CLOSURE OF CI	ASS: 1. Course evaluation 2. Certificate of Accomplishment (CE Hours)	+ 0.1 Hours
NOTE	: There is a 15 minute break every 2 hours, and a one-half hou	r lunch break.

Choice: 12, 8, 4, or ? hour class lengths. TOTAL COURSE HOURS: 4 - 12

## **EXAMPLE B COURSE OUTLINE / SCHEDULE**

Block 1 (4 Hr): Introduction: 0.25 Hour 2. Schedule 3. Orientation 4. Science SECTION I: Pathways of the Lymph System: 0.25 Hour 1. Direction of flow of the skin 2. Direction of flow of organs 3. Direction of drainage of skin SECTION II: Modes of Transport of Fluids in Body: 0.25 Hour 1. Diffusion 2. Osmosis 3. Filtration and Reabsorption SECTION III: Structure and Function of the Lymph System 0.5 Hour Structure 1. Initial Lymph Vessel 2. Precollectors 3. Collector Lymph Vessels 4. Lymph Node Protein Circulation 2. Fat Circulation **Function** 3. Blood Volume 4. Immune Response 5. Health of the Connective Tissue Practical: TREATMENT OF NECK AND FACE: **2.75 Hours** 1. Introduction to the practice of MLD 2. Demonstration and student hands-on instruction & practice Block 2 (4 Hr): SECTION IV: Function of the Loose Connective Tissue: 0.5 Hours 1. Loose Connective Tissue (LCT) Structure 2. Properties of LCT 3. Function of LCT SECTION V: Effects of MLD: 1. Autonomic Nervous System 2. Central Nervous System 3. Immune System 4. Smooth Muscle 5. Lymph System (Drainage) **Practical:** TREATMENT OF NECK AND FACE: 3.0 Hours 1. Demonstration and student hands-on instruction and practice Block 3 (4 Hr): SECTION VII: Indications for MLD: 0.5 Hour 1. Cosmetic 2 Other **SECTION VIII: Contraindications for MLD:** 1. Absolute Contraindications - No MLD 2. Relative Contraindications - MLD exceptions Practical: TREATMENT OF NECK AND FACE: 3.0 Hours 1. Demonstration and student hands-on instruction and practice CLOSURE OF CLASS: + 0.1 Hours

1. Course evaluation 2. Certificate of Accomplishment (CE Hours) possibly

NOTE: There is a 15 minute break every 2 hours, and a one hour lunch break. The course covers all topics above to the depth allowed by the planned class length.

Choice: 12, 8, 4 hr class lengths. TOTAL COURSE HOURS: 4 - 12

## Introduction To MLD In-service CE Short Course COURSE OBJECTIVES

Instructor: Gay Lee Gulbrandson CLT-LANA NCTMB www.VodderMLD.com

## Example Objectives for In-Service Course (Class is tailored to target group)

12/8/4/? CE Credits (NCBTMB Approved Provider)

12 Hour Course Described (The 8 or 4 Hr course is condensed, covers all topics more briefly):

This course introduces some terminology, concepts, and basic physiology of Manual Lymph Drainage (MLD) techniques. Demonstrations of a basic foundation stroke are included.

ine objectives of the theory / lecture component (8.75 or 5 or 2.5 hours, etc.) are:					
	1.	To introduce concepts of anatomy of the lymph system in the connective tissue.			
	2.	To introduce concepts of the fluid exchange between blood, connective tissue and lymph, and some forces affecting fluid movement.			
	3.	To introduce how MLD affects the body, specifically nervous and drainage systems.			
	4.	To make the student aware of some contraindications for MLD.			
	5.	To introduce MLD as a treatment and some conditions that can be treated with it.			
	6.	To point out sources of research and information into MLD therapy and training.			
The objectives of the practical participation component (8.75 or 5.75 or 2.75 hrs, etc.) are:					
	1.	To introduce the effective, light, subtle technique of MLD			
	2.	To introduce a Basic stroke for MLD and its application to the face and neck.			
	3.	To integrate the theory into practical experience.			
	4.	To prepare the student for the courses in Dr. Vodder's Manual Lymph Drainage available through the Dr Vodder School International.			

Note: This course is **not** affiliated with the Dr Vodder School International.

Live & Learn MLD

## Gay Lee's CV

**Gay Lee Gulbrandson**, a resident of Berkeley, CA, has a BA (Biology) from Beloit College, WI. She is a certified MLD therapist by the Dr Vodder School International (DVSI) 1996 (formerly VSNA), and is a certified Dr Vodder School MLD teacher (2002).

Her accreditations include certified massage therapist (1979), AMTA member (since 1988), orthopedic massage certification (Hendrickson School 1991), member of NAVALT® (since 1995), NCTMB exam certified (1995), NLN member (since 1996), CLT-LANA certified (2002), annual MLD teacher recertification, numerous continuing education courses, and veteran of many public presentations.

Gay Lee is happily married and has 1 grown daughter 2 grown sons. She has the energy to be an innovative, dynamic and respected teacher and travels frequently to teach MLD throughout the USA.



GAY LEE HAS A THRIVING PRIVATE PRACTICE IN MLD AND COMBINED DECONGESTIVE THERAPY (CDT).

Gay Lee began her career using Swedish Massage, and Shiatsu, then added Orthopedic Massage (The Hendrickson Technique). It was when she heard of Dr. Vodder's Manual Lymph Drainage (MLD) that she found what she was really looking for. In 2002 she completed her Teacher Training as a Basic Course Instructor in MLD for the Dr Vodder School International. She is now certified to teach several Vodder school MLD course offerings. Gay Lee's teaching has inspired health care professionals and estheticians to address physical conditions, specific pathologies, pre- and post-surgical patients, etc. with swelling related conditions that are often inadequately addressed by the traditional medical community.

It is from this commitment that Gay Lee teaches a deep understanding of how the lymphatic system impacts the health of the entire body. MLD has a profound effect on the skin. Gay Lee teaches using multimedia presentations, attractive handouts, and imparts the Dr. Vodder MLD methods and sequence of therapy.

## Gay Lee Gulbrandson, CLT-LANA, NCTMB, CMT

OFC: 510. 849-1388 FAX 510. 558=8363 GayLee@VodderMLD.com

Beloit College, BA- Biology
Certified Massage Therapist (CMT)
Vodder MLD Therapist fully certified by the Dr Vodder School International (DVSI)
Certified Lymphatic Therapist (CLT-LANA) – by the Lymphedema Association of North America (LANA)
Certified Orthopedic Therapist – by the Institute of Orthopedic Massage (IOM)
NCTMB National Certification Exam (by NCBTMB)
Dr Vodder School International MLD Instructor
NCBTMB Approved Provider
AMTA® Member
NAVALT® Member

· LANA Member

## Introduction To MLD In-service CE Short Course A BRIEF HISTORY OF MLD

Instructor: Gay Lee Gulbrandson CLT-LANA NCTMB www.VodderMLD.com

## The Dr. Vodder Technique With Some History

As physical therapists in France in the 1930's, the Vodders (Estrid and Emil) originated a method of working directly on a part of the body that was, until that time considered taboo i.e. the lymph nodes. By 1936 they had compiled a systematic series of precise massage movements using a combination of intuition, practical experience and anatomical knowledge of the lymph vessel system. The gentle, rhythmic, pumping movements following the direction of lymph flow in the skin produced rapid results, especially with skin conditions, hematoma, eczema, varicose veins and leg ulcers.

At the start of the second World War, they returned to their native Denmark and started the Vodder Center MLD. The Dr. Vodder School is now located in Austria and trains therapists from around the world. In Europe, manual lymph drainage (MLD) is a procedure recognized by many state health insurance plans and in Germany for example, **it is now the third most prescribed physical therapy technique**.

The lymph vessel system is responsible for carrying excess water, proteins and wastes from the connective tissue back to the blood stream. During the transportation process it is cleaned, filtered and concentrated with many immune reactions occurring in the lymph nodes. If the pathways become congested, blocked, damaged or severed then fluids can build up in the connective tissue (edema) and eventually cell pathology may begin. If there is damage in the connective tissue (e.g. burns, chronic inflammation, ulceration, hematoma), then the lymph vessel system must transport the damaged cells, inflammatory products and toxins away from the area. The quicker this can happen, the faster the recovery will be.

Through the pumping and stretching effect of the lymph vessels, MLD makes lymph flow faster and stimulates the formation of new connections between lymph vessels. There has been extensive scientific research in Europe (Hutzschenreuter, Mislin, Foldi, Collard et al), Australia (Piller) and USA (Cassels).

Dermatological indications are numerous and in the esthetic setting, MLD is used to restore skin to normal health. Some indications for the Dr. Vodder method of MLD include pre- and post- plastic surgery, blepheroplasty, scar tissue, skin congestion, spider veins, teleangiectasia and rosacea.

Founded in 1994, the Dr. Vodder School – International is the only school authorized by the Vodder Center MLD and the Dr. Vodder School in Austria to teach the original Dr. Vodder method. Certified teachers of the Dr. Vodder School teach Basic and Advanced classes throughout the world. The Dr. Vodder School International maintains a referral list of all currently certified therapists and this is posted on its website at <a href="mailto:vodderschool.com">vodderschool.com</a>.

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Note: The Introductory course is **not** affiliated with the Dr Vodder School International. **Live & Learn MLD** 

## Introduction To Manual Lymph Drainage In-Service Short Course

**12.0-4 CE Hours** 

### Gay Lee Gulbrandson, CLT-LANA, NCTMB, CMT

Dr. Vodder School International Instructor and MLD Practitioner

1791 Solano Ave #A8, Berkeley, CA 94707 **OFC 510. 849-1388 FAX 510. 558-8363** 

GayLee@VodderMLD.com www.VodderMLD.com

Gay Lee Gulbrandson is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider. Approved Provider # 451083-09. Florida Provider # 50-11392.



Gay Lee Gulbrandson

#### **Dear Clinic Director or Administrator,**

Thank you for considering the **Introduction To Dr Vodder's Manual Lymph Drainage In-Service Course.** The class is available as a **12** Hour, **8** Hour, or **4** Hour course, as appropriate to your requirements.

The title of the course is perhaps somewhat misleading. You probably have staff trained in Dr Vodder's method of MLD or similar techniques. Certified MLD Therapists say that no matter how much they already knew, this class was a real eye-opener for them, with terrific motivational value, fresh insights and resources, and refreshing to their MLD technique. Your support staff will also learn much that they otherwise would never know about the benefits and applications of MLD.

A series of reference sheets (**Topic Cards** / **Pre-Course Study Sheets**) are available on my website for download, or viewable and printable from the complimentary **CD** that accompanies a signed class contract. Participants will feel exceptionally well-prepared for the **In-Service** if they access these **Topic Cards** and review the contents (or take the 8 CE exam) before class.

I have been teaching/practicing MLD for 14 years. My multimedia curriculum is attractive, engaging, and has great recognized value. Further information is at <a href="https://www.vodderMLD.com">www.vodderMLD.com</a>.

Please call if you have any questions. I look forward to providing your staff with training and updates as soon as possible.

Sincerely,

Gay Lee Gulbrandson
CLT-LANA, NCTMB, NAVALT, CMT, AMTA
Dr. Vodder Basic Course Instructor
"Live and Learn"
Individual coaching available.





## onsider these reasons for scheduling an MLD In-Service Class:

- **S**tudies show 75% of CDT treatment failures are due to improper technique
- **U**pdate MLD strokes and sequence skills (which tend to degrade over time)
- **U**pdate resources and methods for staff to motivate discouraged patients
- **U**pdate staff with current information on MLD research, technique, and specials
- **R**eviews MLD indications, contraindications, and relative contraindications for LE patients
- **R**eviews applications of MLD to non-lymphedema patients
- **F**ulfills required Continuing Education CE Hours for registered/licensed/certified staff
- Boosts staff cohesiveness and morale by gathering and learning together and romotes openness and spirit of inquiry among staff, generates fresh ideas
- **S**taff sense that management supports and recognizes value of promoting staff expertise
- Exposes support staff to subtlety and complexity of MLD/CDT, and inspires staff to renew commitment to quality



Half Day

## Manual Lymph Drainage 12/8/4 CE In-Service CE Class

## Gay Lee Gulbrandson, CLT-LANA, NCTMB, CMT

A Class To Update & Refresh Clinic Staff, Conference Groups, Researchers

Gay Lee Gulbrandson is approved by the National Certification Board for Therapeutic Massage & Bodywork (NBTMB) as a continuing education Approved Provider. #451083-09 (Also Approved in FL).

### The Case For MLD In-Service Training: ¶ SHOULD I USE SCARCE RESOURCES FOR IN-SERVICE, TAKING STAFF AWAY FROM PRODUCTIVE WORK? **V** Update Skills Encourage Learning Improve Patient Outcomes Improve Patient Compliance & Satisfaction Recalibrate Staff Objectives Cover Needed CE Hours For Certified Staff ¶ WHAT WILL BE COVERED IN THE IN-SERVICE MLD CLASS? ▼ Treatment Best Practices Recommendations (medical standards of effective treatments) Review LE Treatment Statistics Review MLD Sequences Review Basic MLD Principles Review Dr Vodder Strokes Review Physiology of LE Review Science of LE Treatment **Review Sample Case Studies Extensive Practice Strokes and Hands Checks** Open Question & Answer Session Resources Presentation ¶ WHAT WILL **NOT** BE COVERED IN THE IN-SERVICE MLD CLASS ... No Management & Administrative Concerns No Medicare & Insurance Billing No Detailed Bandaging, Medication, Pumps, Exercises topics (except in Q & A) ¶ CLASS IS TAILORED TO YOUR STAFF NEEDS ... Available Needs Assessment Before Class (management and staff as requested) Director may use surveys / evaluations Director chooses emphasis/focus ¶ CHOICE of CLASS LENGTH / CONTENTS... · Day & One-half 12 Hour In-Service Class (12 CEs) One Day 8 Hour In-Service Class (8 CEs)

• All classes include a professional Participant Manual with resources, references, illustrations included.

4 Hour In-Service Class

• Sponsor receives a CD of useful printouts, home study prep forms, class promotional poster, handouts, etc.

(4 CEs)

• Participants receive a Certificate of Accomplishment with CE units approved through the NCBTMB.

Gay Lee Gulbrandson CLT-LANA, NCTMB, CMT, AMTA, NAVALT, Dr. Vodder Instructor www.VodderMLD.com 1791 Solano Ave #A8, Berkeley, CA 94707 OFC 510. 849-1388 FAX 510. 558-8363 GayLee@VodderMLD.com

## Introduction To MLD In-service CE Short Course TERMS & CONDITIONS, PRIVACY POLICY

Instructor: Gay Lee Gulbrandson CLT-LANA NCTMB www.VodderMLD.com

Terms & Conditions of Sale for Gay Lee's Home Study Courses (**Neither** authorized or endorsed by the **Dr Vodder School International**)

For further information please contact me at <a href="mailto:GayLee@VodderMLD.com">GayLee@VodderMLD.com</a>.

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Students may register in advance using the website Enrollment Form download, or in person at the door on a space available basis for the **In-service Courses**. Registrations are usually accepted until the actual beginning of a class. Students must be fully paid, attend the entire course, and participate fully in any practical sessions to receive a Certificate of Completion / Accomplishment and CE credit. For home study students must complete and pass the written examination (75%) to receive CE course credit and CE units and Certificate of Completion.

## **CANCELLATION AND REFUND POLICY Gay Lee's CE Courses**

I actively seek to create learning environments that foster the success of my students. Barriers to learning are by design eliminated from my courses. One known barrier to learning is the operation of refund policies and guarantees. Both policies are often seen by students as exit strategies that may be exercised in lieu of completing a course. Thus, the possibility of a refund can and often does reduce student drive and level of effort to successfully complete a course. My basic refund policy is therefore - no refunds.

However, there are exceptions. If a student enrolls in the wrong course, or an inappropriate course, and notifies me within 24 hours of enrollment, a replacement course or refund will be made available. Second, students are encouraged to continue with their studies until they succeed.

Cancellation of an on-site classroom course student enrollment may occur up to 48 hours before the start of the class. A \$50.00 fee will be deducted for cancellation made prior to the 48 hour period for each individual. Within 48 hours of class start no refunds are made, and no course credit is given. A reason for non-attendance due to a natural disaster, student hospitalization, or similar event preventing the student to be able to travel may be considered. No other make-up dates, adjustments, partial credits or refunds will be available.

## **EXAM RESULTS and SECURITY / PRIVACY POLICY Gay Lee's CE Courses**

Student exam answer sheets or other individual information will be sent back to the sending Fax number or email of origin. If you do NOT want exam results or other information sent back to the originating email or address or FAX number due to privacy concerns or otherwise, you MUST TELL ME IN ADVANCE. I am only too happy to use your requested method of communication. Unless you tell me in advance, results and Certificates of Completion or Certificates of Accomplishment will be sent electronically and you must print them yourself as desired.

## TRANSCRIPTS, REPLACEMENT CERTIFICATES Gay Lee's CE Courses

Your personal record of courses completed with me is available to you upon your email request, and will be returned via email. Official sealed transcripts for third parties, will be charged an appropriate fee. Replacement Certificates of Completion if currently available, and sealed transcripts on paper will cost \$15.00 per page/each.

Transcripts of courses completed via Dr Vodder School International is available solely from that school.

This CE site is **NOT** affiliated with the Dr Vodder School International.

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If any provision of this agreement shall be unlawful, void, or for any reason unenforceable then that provision shall be deemed severable from this agreement and shall not affect the validity and enforceability of any remaining provisions. I may at any time revise these Terms and Conditions by updating this posting. You are bound by any such revisions and should therefore periodically visit this page to review the then current Terms and Conditions to which you are bound.

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Your privacy is important to me. I collect no personal information about you when you visit my Web site unless you choose to make such information available to me.

When you visit my Web site, my server recognizes only the Internet domain and IP address from which you accessed my site. This information does not result in the identification of your personal e-mail address or any other personal information about you.

In addition, I monitor the volume of access to my site by collecting information on the date, time and pages accessed by all visitors. I do this to improve the content of the Web site, and this information is not shared with any other organization. Only aggregate information is collected, and individual visitors' personal information is not identifiable. If you choose to share personal information with me - by sending a message or filling out an electronic form with personal information – or enrolling in a class - I will use the information only for the purpose you authorized. I will not disclose the information to third parties or government agencies, unless required to do so by state or federal law. My server maintains a record of all registrations logged into my download requests or course registrations. I use these records to determine who has downloaded the information, and to send announcements of new classes or services. I will report your course completions by email to an individual or school for their records, only upon your emailed request. I will not in any way release your personal information to third parties.

For the purposes described above and with regard to disclosure, your viewing/receipt of this Privacy Policy will be deemed as consent unless you advise me in writing that you do not wish me to use, disclose, or collect further information.

At any time and with reasonable notice, you have the right to withdraw consent for me to use, disclose or collect information about you. If the withdrawal of consent would frustrate the performance of any legal obligations, your consent may not be withdrawn. Withdrawing consent may also affect my ability to provide you with information regarding products and services that I offer. It may also affect the way that I am able to do business with you. You have a right of access to your personal information, subject to legal restrictions and right of refusal by the and or me. A written, signed request must be received by me in order to release this information.

I may charge a reasonable fee for you to access your personal information after informing you of the cost. Your request for information may be denied for example if:

- 1. The disclosure would reveal information about another individual
- 2. The information pertains to a legal proceeding or investigation
- 3. Granting access could reveal confidential commercial information

If you have any questions about my privacy procedures, or have ideas for improving my procedures, please feel free to e-mail me at **GayLee@VodderMLD.com**.

Site Owner: **Gay Lee Gulbrandson** 1791 Solano Ave #A8 Berkeley, CA 94707 USA Voice: 510.849.1388 Fax: 510.558=8363 Email: GayLee@VodderMLD.com

For further information please contact me, Gay Lee Gulbrandson at <a href="mailto:GayLee@VodderMLD.com">GayLee@VodderMLD.com</a>.

(**NOT** affiliated with the Dr Vodder School International)

Gay Lee Gulbrandson is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education Approved Provider. Approved Provider #451083-09 Florida Board of Massage Therapy CE Provider # 50-11392

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