

ENROLLED STUDENT DOWNLOAD GUIDE

This section has resources for enrolled MLD students and graduates. Gay Lee

Welcome!

*Congratulations on choosing to learn **MLD**! I know we will have a **great** class!*

*As part of your class, I have prepared 12 **Topic Cards** that you are urged to read before class. This will expose you to the fascinating theory and concepts of MLD.*

*Use the **links below** to additional resources and downloads you will find useful.*

*Finally, see **Going to Class** and **After Class** tips below.*

*Until we meet, **welcome!** And, **see you in class!** Gay Lee*

For students & grads, these materials are FREE to study before and after class.

Please [register](#), or [login](#), or use your emailed [access code](#).

(Use your access code to upgrade to *enrolled* or *graduate* student account. If you need an access code, [email Gay Lee](#).)

BEFORE YOUR CLASS - How to prepare:

Topic Cards: Download for review & pre-course preparation. ([Free to enrolled / grad students](#), a \$33.00 value). **What to do:** Print the **Topic Cards** on a [color printer](#). Study the Topic Cards before class. Make notes of any questions - to ask in class. Yellow highlight the most challenging concepts, and re-read.

Home Study Course: The [\(optional\) Topic Card Home Study Introduction to MLD Class](#) by Gay Lee. (Fee-based; earn 8 CEs; NCBTMB.) **What to do:** Take this class if you are not confident to absorb the theory of MLD lectures. Base your decision on how well you comprehend the **Topic Cards**. Enrolled students get a deep discount on the **Home Study Course**. PLEASE NOTE: This **Home Study** is not affiliated with the Dr Vodder School.

Secret Fun Guide: Read this surprising guide to Gay Lee's MLD courses.

What to do: Read the **Fun Guide** to learn the secret levels of techniques known only to certified practitioners.

Full Glossary: Look up new MLD & lymphology terms.

What to do: Download the **Glossary**. Review terms that interest you, new terms you read in the Topic Cards, and read those definitions. Searchable .pdf content - on your computer.

Study Guide: Read the "**Body of Knowledge**" learning guide before your class.

What to do: Download the **Study Guide** (Body of Knowledge). Review before class. If desired, cross-reference to your Topic Cards, and enter your study answers on your computer (convert .pdf to text for your notes entry).

Prep - Exam Tips: Test tips for **Therapy I & Advanced Neck & Face** students.

Therapy I or Advanced N&F students only: Download the **Exam Tips**. Review before the last day of your class.

MLD Student Resources (OPEN TO ALL): There are many more resources in this section and on my website. Be sure to surf a little, especially [MLD & LE Resources](#), and [more](#).

GOING TO CLASS - Tips:

Before class: Trim fingernails, eat plenty of fresh protein foods, be well rested.

Bring to class: Pen, pencil, highlighters (various colors), water bottle, snack, bag lunch if desired.

In class: Wear loose comfortable / casual clothes, and comfortable shoes for standing! Bring one set of massage sheets for you to use - marked with your name.

AFTER CLASS - What to do now:

Sequence Cards: You have seen them in class. Graduates may download any missing **master SEQUENCE CARDS HERE**, or fill in the *blank legends* in your **student version** for maximum value.

Topic Cards: You used them in class. Graduates may download any lost, missing or damaged **TOPIC CARDS HERE**.

Practice: At every opportunity, **practice** your MLD sequences. Meet with other graduates to practice together. Your clients will love the effects. Be sure to carry your **MLD Wallet Cards!**

Prepare for next class: **Therapy I and Advanced Neck & Face** assume students know their sequences by heart! Please see [Course of Study - Therapist](#), and [Course of Study - Esthetician](#) links.

[Live and Learn MLD](#)

www.VodderMLD.com