

COURSE OF STUDY FOR ESTHETICIANS

2 x 3-Day Classes for Dr. Vodder MLD **Neck & Face** Certification

2 x 5-Day Classes for Dr. Vodder MLD **Full Body** Certification

Take the **2 classes** below for Esthetician MLD **Neck & Face** Certification.

[Note: Students may begin training with this course, Or, the Basic Body 5-Day class below.](#)

Basic Neck & Face 3-Day (or 2.5-Day) **Course in Dr. Vodder's Manual Lymph Drainage**

Dates: See [Course Calendar](#) Hours: 9:00 - 5:00 daily (usual) Continuing Ed: 20 CEs (NCBTMB)

(A) The Basic Neck and Face Course is an intensive class involving extensive hands-on-work. The neck and face strokes and their application are taught. The theory covers anatomy and physiology of the lymph vessel system, connective tissue, effect of MLD and contraindications, and much more. This is a **Dr Vodder School International** course. More information may be found at voddermld.com/a/basic-neck-face-course-info or VodderSchool.com. Gay Lee Gulbrandson teaches this course.

Materials included in the course are: Student handbook (100 + illustrated pages)
Official DVD of Neck & Face Basic sequences
Dr. Vodder School Lecture Notes (course text)

Student Admission: Licensed Esthetician, PT, OT, RN, or other health care professional license, or 500 hour massage therapy certificate(s), or NCTMB/BCTMB Exam Certified. [DETAILS LINK](#)

Advanced Neck & Face 3-Day (or 2.5-Day) **Course in Dr. Vodder's Manual Lymph Drainage**

Dates: See [Course Calendar](#) Hours: 9:00 - 5:00 daily (usual) Continuing Ed: 20 CEs (NCBTMB)

(B) The Advanced Neck and Face 3-Day Course is an intensive class involving extensive hands-on-work. This three-day advanced course reviews and updates the skills learned by the student in the Basic Neck and Face Treatment course. Current theory and research are provided to broaden understanding of the lymph vessel system and MLD. Additional face techniques are demonstrated for treatment of such conditions as acne, rosacea, pre- and post-cosmetic surgery, and congestion. A short final exam is given and successful students receive an advanced certificate for neck and face skin treatment. This is a **Dr. Vodder School International** course. More information may be found at voddermld.com/a/advanced-neck-face-course-info or VodderSchool.com. Gay Lee Gulbrandson teaches this course.

Materials included in the course are: Student handbook (100 + illustrated pages), Addendum, Official Photo Sequences of Neck & Face Special Strokes

Student Prerequisites: Completed a Dr. Vodder's **Basic Neck & Face course**, **or**, completed a Dr. Vodder's **Basic Body 5-day course**, and appropriate professional qualifications. [DETAILS LINK](#)

Take the **2 classes** below for Esthetician MLD **Full Body** Certification.

[Note: Students may begin training with this course. Or, the Basic Neck & Face 3-Day class.](#)

Basic Body Class: 5-Day Course in Dr. Vodder's Manual Lymph Drainage

Dates: See [Class Calendar](#) Hours: 8:30 - 5:30 daily (usual) 40 CEs (NCBTMB)

(C) The Basic Full Body Class is an intensive 5-day course involving much hands-on work. The basic strokes are taught and treatment of each body part, which is all put together on the 5th day. The theory covers anatomy and physiology of the lymph system, connective tissue, effects of MLD on the nervous and immune systems as well as effects on drainage and cleansing of congested tissue. The various causes of tissue congestion are described in relation to the types of clients the

esthetician will be working with. The objective of this course is to learn Manual Lymph Drainage techniques for the full body, for use within the esthetic framework. This course is a prerequisite for the Advanced Body class. (There are special conditions for licensed Estheticians working in NY State.) This is a **Dr. Vodder School International** course. More information may be found at voddermld.com/a/esthetician-certification-courses or VodderSchool.com. The Basic MLD course is identical to this course. Gay Lee Gulbrandson teaches this course.

Student Admission: Licensed Esthetician, PT, OT, RN, or other health care professional license, or 500 hour massage certificate, or NCTMB, BCTMB, CMT Exam Certified. [DETAILS LINK](#)

Advanced Body Class: 5-Day Course in Dr. Vodder's Manual Lymph Drainage

Dates: See [DVSI Class Calendar](#) Hours: 8:30 - 5:30 daily (usual) 40 CEs (NCBTMB)

(D) The Advanced Full Body Class is a 5-day course that focuses on improving and upgrading the esthetician's skills and knowledge. Advanced theory and current research is given. The participants are encouraged to share their experiences with MLD. Additional techniques are given for the face treatment and their application in practice. Applications for practice are shown including MLD for pre- and post- cosmetic surgery, scar treatment, cellulite, weight reduction, dermatological indications and skin care. This class is not meant to teach any therapeutic application of MLD such as lymphedema care, sports injuries, etc. An oral or written and practical exam is given at the end of the course. (There are special considerations for licensed Estheticians working in New York State.) This is a **Dr. Vodder School International** course. More information may be found at voddermld.com/a/esthetician-certification-courses or VodderSchool.com.

Prerequisite: Completed a Dr. Vodder's **Basic Body** or **Basic 5-Day** course and appropriate professional qualifications. [DETAILS LINK](#) Note: Gay Lee does not normally teach the Advanced Full Body class.

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Manual Lymph Drainage is a gentle, non-invasive manual technique that has a powerful effect on the skin. Research in Australia, Europe and North America has proven its efficacy as a stand-alone treatment and in combination with other therapies. MLD has grown to be the most effective manual technique to assist clearing skin congestion, and can greatly benefit almost anyone.

Gay Lee Gulbrandson is an internationally certified Dr. Vodder MLD teacher. She has been a certified Dr. Vodder therapist since 1996 and a teacher of Dr. Vodder MLD since 2002. Gay Lee gives each student individual practical instruction to help them develop the skills required to attain the best possible results with their clients.

Gay Lee is certified via CLT-LANA, BCTMB, AMTA-CMT, CAMTC, and the Dr. Vodder School International.

[Live and Learn MLD](#)

www.VodderMLD.com