



Dr. Vodder School™  
INTERNATIONAL  
Authorized by the original Dr. Vodder Schule - Austria

## A Profile of Excellence

# Why Dr Vodder School International (DVSI) is the Best Choice For MLD/CDT Therapist Training



### Basic Curriculum

- 1- BASIC (40 Hr Class)
- 2- THERAPY I (40 Hr Class)
- Competency On Completion:
- **MLD** Trained Therapist.

**Dr Vodder School International (DVSI)** MLD certification curriculum includes theory and treatment of patients with healthy lymphatic systems using MLD® (and those with lymphedema (LE) who require MLD/CDT), including discussion of:

- CRPS, Congestion, Acne, Fibromyalgia, Varicose Veins, Orthopedic applications
- Whiplash, Migrane & Headache, Sprains, Strains, Fracture, Dislocation, Arthritis
- Tendonitis, Tinnitus, Neuralgia, Stress reduction, Pre & Post-surgery, etc.

Curriculum outline, Course of Study documents, and more are online at

[www.VodderMLD.com](http://www.VodderMLD.com) (Gay Lee) OR [www.vodderschool.com](http://www.vodderschool.com) (VSI)

*Ask other schools how many classroom hours are devoted to physiology, medically validated lymph system functions, and MLD treatment of non-lymphedema patients?*



### Advanced Curriculum

- 3- THERAPY II (40 Hr Class)
- 4- THERAPY III (40 Hr Class)
- Proven Competency Upon Completion
- **CDT** Certified Therapist

**DVSI** advanced curriculum emphasizes pathology & treatment of patients with compromised lymphatic systems using Combined Decongestive Therapy (CDT) including MLD, for lymphedema (LE). Class covers MLD®, Bandaging, Skin Care, Garments; Exercises, and addresses conditions such as: • Primary & Secondary Lymphedema • Meniere’s Disease, Bell’s Palsey, MS, Post-Cancer, Pre and Post Surgery, Sinusitis • Posttraumatic Lymphedema, Down’s Syndrome, Venous insufficiency • Phlebolympheidema, Keloids, Scars, etc.

*Ask other schools how many classroom hours are devoted to LE vs other pathologies?*



### Hours / Days

160 Hours / 20 Days

**DVSI** offers 160 hours in class, 20 full days of training for certification in 4 modules of 5 days each. Exams in class 2, 3, 4, include hands-on tests to demonstrate competency in strokes, theory, pathology application, multi-layer bandaging technique.

*Ask other schools how many hours are IN THE CLASSROOM with the INSTRUCTOR?*



### Practice Hours

128 Hours In-class Hands-on

**DVSI** includes 128 in-class hours of practical hands-on training using MLD strokes, and applications of CDT to a variety of pathologies.

*Ask other schools how many hours are spent doing practical hands-on work in class?*



### Class Size

8 Student Average

**DVSI** accepts 6-18 students at instructor discretion for very personal learning. Practical instruction teacher/student ratio is maximum 1:9.

*Ask other schools how many maximum students are allowed in each class?*



### Total Cost

\$21.00 per Classroom Hour

**DVSI** is only \$3400. –Complete including exams (Cost is \$21.00 per classroom hour)

**DVSI EXCLUSIVE:** Includes 16 hr in classroom instruction from **DVSI** staff Physician specialist in treatment of lymphatic system and lymphedema (LE). [Stats as of 12-09]

*Ask other schools do they offer this level of medical training in their course?*

*Ask how much the entire LANA approved certification costs including final exam fee?*



### Accessibility

Student / Instructor Ratio

Cost per hr of instructor’s time per student at **DVSI** with 10 students in the class is \$168.00. (course cost x # of students in class) ÷ (class hours x # of instructors)  
This is a comparison of value between schools that demonstrates the true cost of individual attention each student potentially receives in-class from the instructor.

*Ask other schools how much the entire course costs; the number of students accepted; the actual in-class hours; and the number of instructors? Then do the math!*



### Materials

DVD Videos, Handouts

Student Handbook, Strokes / sequences DVDs (in 5 languages), Bandages, Lecture Notes Vol. 1 or 2, Supplier & Vendor resources, Enrichment information, and more.

*Ask other schools if they includes all this?*

# Why Dr Vodder School International is the Best Choice For CDT/ MLD Therapist Training

## Certification

Compliance & Standards:  
**CLT-LANA** is the nationally recognized Certified Lymphedema Therapist examination agency

**DVSI** is an NCBTMB Approved CE Provider, and is exclusively a MLD /CDT school. Earn 40 CE Hours for each of the 4 Therapist certification class modules. **DVSI** courses exceed the 135 Hr CLT-LANA certification school Training Standards. The LANA web site lists curriculum compliant schools for verification: [www.CLT-LANA.org](http://www.CLT-LANA.org) NAVALT (association) membership is open to students, grads, etc.: [www.NAVALT.org](http://www.NAVALT.org) **DVSI** offers therapists recertification/updates every 2 years including CE credit.  
*Ask other schools if they meet LANA 135 Hr training standards? Recertification offered?  
Ask other schools how many course hours are conducted in class with the instructor?*

## Web Support

[www.VodderMLD.com](http://www.VodderMLD.com)  
Applications, New Student Information, Downloads

Web support at: [www.VodderSchool.com](http://www.VodderSchool.com) (**DVSI**) or [www.VodderMLD.com](http://www.VodderMLD.com) (Gay Lee)  
The **DVSI** site includes •MLD therapist finder •Course calendar •Books, DVDs, test instruments •Instructor bios •Course of Study •FAQs •Therapist & Esthetician certification courses •Advanced courses •Bibliography •Articles, and more.  
*Ask other schools if they have this level of web support and instructor biographies?  
Ask other schools do their referrals list only Certified MLD Therapists, or others too?*

## Key Staff

Medical Staff, Office Staff, Teaching Staff, Constant Training and Recertification

Contact:

[www.VodderSchool.com](http://www.VodderSchool.com)

Robert Harris, CLT-LANA, **DVSI** School Director trained at Dr Vodder Schule, Austria, the successors of Drs Emil & Estrid Vodder; Ellie Karkheck-Ford, Office Manager; **DVSI** Medical Staff includes: Dr H. Weissleder, Dr N. Piller, Dr A. Towers.  
**DVSI**: Tel: 800-522-9862 Mail: P. O. Box 5121, Victoria, B.C., Canada V8R 6N4  
**DVSI** has 8 dedicated teachers who are Certified MLD Therapists, CLT-LANA, receive ongoing training, do research, and must be tested and recertified every year.  
*Ask other schools if they have this level of ongoing commitment to teacher excellence?  
Ask what qualifications their teaching (and medical staff) must possess?*

## Track Record

**DVSI** is the only school authorized by Drs. Emil and Estrid Vodder

The Dr Vodder School first brought MLD/CDT to the USA in New York in 1972. **DVSI** was the first to establish a training program in MLD/CDT in North America. **DVSI** is the only school in North America authorized by the Vodders to teach the original method of MLD. **DVSI** has stayed true to the Dr Vodder method, as taught by Dr Emil Vodder. These techniques are the ONLY PROVEN effective method for LE management. Dr. Asdonk in Germany, with Guenther Wittlinger of the Dr. Vodder Schule in Austria, developed the special MLD techniques that are used in numerous other applications today. **DVSI** has thousands of graduates in the USA, Australia, Canada, Ireland, UK, Japan, Singapore, Korea, and many other countries worldwide.  
*Ask other schools are they the most reputable in the world, designated by the Vodders?  
Ask how long has their school been in business, and how many properly Certified graduates?*

## Clear Choice

**DVSI** is state of the art

Research schools carefully before choosing. The shortest or cheapest course may leave graduates with competency gaps. **DVSI** offers the course in 5-day segments. This allows students to take shorter blocks of time off work for individual modules. **DVSI** offers 100 classes each year throughout North America and other countries for therapist convenience. **DVSI** also offers several graduate courses, and a certification course of study for Estheticians. There are over 250,000 new breast cancer patients per year just in the USA, many of whom will need qualified MLD/CDT therapists.  
*Shouldn't your career be based on the best MLD/CDT Therapist training available?*

## References

**DVSI** has produced or adopted the definitive MLD texts

Lecture Notes Booklet (Kettenhuber et al), Dr Vodder's MLD Vol. 2 Therapy (Kurz), LE Diagnosis & Therapy (Weissleder), Compendium of Dr Vodders MLD (Kasseroller).  
SEE RESOURCES LIST: [www.VodderSchool.com](http://www.VodderSchool.com)  
*Ask other schools if they use these benchmark instructional reference works?*

